

Dear Reverend,

St Luke's Advancing Clergy Reflection Programme

Welcome to St Luke's for Clergy Wellbeing. We are delighted you are considering pastoral supervision to explore your ministry and the impact it has on you. These sessions are intended to be a safe space for you to reflect on your work; a proactive and preventative measure helping support healthy practice and work-life balance in the setting in which you serve. Revd Dr Michael Paterson, Director of the Institute of Pastoral Supervision and Reflective Practice, has defined this as "encouraging a conversation between soul, role and context".

Generously funded by The Henry Smith Foundation, St Luke's Advancing Clergy Reflection Programme is an ambitious five-year initiative to establish greater wellbeing support for clergy across 24 dioceses in the Church of England and the 6 dioceses of the Church in Wales. We will be providing 650 clergy with the opportunity of individual pastoral supervision and, in some areas, reflective practice groups. In addition, we are training more facilitators to qualify as pastoral supervisors. St Luke's is also committed to working alongside dioceses in furthering their wellbeing strategies.

Researchers from York St. John & Bournemouth Universities are independently evaluating the programme. Participating clergy are required to complete a questionnaire before starting and another following the completion of their pastoral supervision sessions. Ten percent of clergy will also be randomly chosen to have semi-structured interviews, enabling researchers to understand more deeply the experience of pastoral supervision and your support for clergy wellbeing research would be appreciated.

You will be able to put forward your preferences for who you would like to have as your facilitator from a list of approved pastoral supervisors. These may be clergy or lay people, Anglican or other denominations, male or female, from within or outside of your diocese. An initial working agreement between you and the pastoral supervisor will outline how you wish to work together and what happens if there are concerns raised on either side. Otherwise, the content of your discussions remains confidential between you and your supervisor. You are given 22.5 hours to 'spend' over approximately 18 months.

Along with information about the programme, included in this pack is our 'Guidance for Clergy Engagement', which outlines our commitment to your confidential involvement.

We hope you will consider this opportunity, if you have any questions or would like to get involved, please contact us by emailing: ACR@stlukesforclergy.org.uk, Thank you.

My best,

Jacqueline Ede

Director of Wellbeing, St Luke's for Clergy Wellbeing